



Doing Hermeneutic Phenomenological Research

A Practical Guide

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This practical guide offers an approachable introduction to doing hermeneutic phenomenological research across the health and social sciences. Grounded in real world research, it integrates philosophy, methodology and method in accessible ways, helping you realize the potential of using phenomenology to guide research.

The book maps the complete research process and shows how to apply key philosophical tenets to your project, demonstrating the close relationship between philosophy and research practice. It:

- Shows step-by-step how to translate philosophy into research methodology and turn methodology into robust research design
- Focuses on applied practice, illustrating theoretical discussions with examples and case studies
- Promotes advanced thinking about hermeneutic phenomenology in an easy to understand way
- Highlights the need for researchers to engage reflexively with the whole research process.

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Reviews:

A book qualitative researchers have long waited for! This text concisely explains how to do hermeneutic phenomenological research. Drawing on Heidegger, Gadamer and the phenomenological movement, and rooted in a distinctively interpretive paradigm, the authors' methodology is interested in understanding people's perception of meanings, their views and lived experience. The book leads readers through the research process, from the refinement of the research question, literature review, data collection, interviewing and data analysis to reflexivity, research ethics and dissemination. It is a practical guide, immensely useful both for novice and experienced researchers in healthcare and beyond.

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